

ZYNERGY'S HAPPINESS HIERARCHY

1 Pleasure

- A brand new Mercedes
- Dinner at a fancy restaurant
- A shopping spree on Fifth Avenue

2 Passion

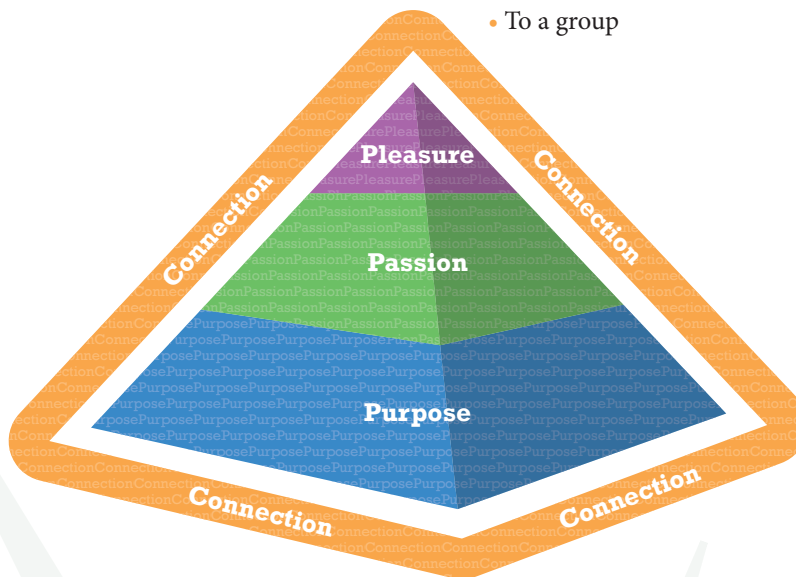
- Going back to school to get your degree
- Needlepoint
- Touring Rome

3 Purpose

- Volunteering at your church
- Taking care of your granddaughter who is afflicted with down's syndrome
- Starting a business to revolutionize how people communicate

4 Connection

- To a family
- To an idea
- To a group



FOUR STEPS TO FINDING YOUR PURPOSE

STEP 1 Relax

Take 6–12 months off and engage in some well-deserved pleasure.

STEP 2 Think

After the first few weeks or months of your relaxation period, start to think about where there are some problems in the world you would like to solve. Where are there wrongs you want to right? What do you feel strongly about?

STEP 3 Act

You've relaxed. You've thought. Now, it's time to act.

STEP 4 Connect

Decide how to build or enhance the connections in your life. Would it make you happier to improve your connections to your family, a friend, a group, yourself, or God?